



## Winter Light Retreat

December 5 to 9, 2012

Hartford Street Zen Center's annual Winter Light Retreat begins Wednesday evening, December 5, 2012 and ends at noon on Sunday, December 9 after our annual ceremony celebrating Buddha's Enlightenment.

**We hope you can join us for all or part of this special time of concentrated practice.**

At Bodh Gaya in India, Shakyamuni Buddha made a vow that he would continue to sit in meditation until he either died or found the truth. On the morning of the seventh day he experienced enlightenment. The retreat's concluding ceremony commemorates that event.

Everyone is warmly welcome to join us for any of the scheduled sittings, talks and ceremonies in our *zendo* (meditation hall) from 6:00 am until 9:30 pm. Please enter using the normal downstairs zendo entrance and wait on the white wooden bench at the west end of the zendo until the activity in progress has ended to take a seat in the zendo proper.

Only those who have signed up in advance will be able to join us for the semi-formal **meals** in the upstairs dining room. The complete schedule is available for view by [clicking this link](#) (if your email is text-only, be sure to copy the URL in its entirety and paste it into your browser's address widow).

You can sign up for all or part of the retreat by sending an email to [hszc108@vahoo.com](mailto:hszc108@vahoo.com) or leaving a phone message

[Donate](#)

[Forward this message to a friend](#)

### Winter Light Retreat Schedule Summary

Thursday to Saturday  
**Dec 6, 7, & 8**  
Zazen

6:00 am  
6:50 am  
9:40 am  
11:15 am  
3:00 pm  
3:40 pm  
5:10 pm  
6:00 pm  
8:15 pm  
8:55 pm

7:20 am Chanting  
10:15 am Dharma Talk  
11:50 am Chanting  
6:40 p.m. Chanting

### Sunday, Dec 9

6:00 am Zazen  
6:50 am Zazen  
7:20 am Chanting  
9:40 am Zazen  
10:15 am Dharma Talk  
11:45 am Bodhi Day  
Ceremony

at (415) 863-2507.

## Save the Date

### New Year's Eve Celebration

Join us for our traditional New Year's Eve observance at 7:30 p.m. with temple cleaning, followed by a light snack, and then repair to the *zendo* (meditation hall) for quiet sitting. The *densho* (large hanging bell) will begin to be struck as midnight approaches, ending just at 12:00 a.m., when we'll have the New Year's toast with sake and/or apple juice, and the Fire Ceremony in the back yard.



### Sangha Outing to the Asian Art Museum

**Sunday, January 6, 2013, 10:30 am**

Join our teacher, Myo Lahey, and members of our Sangha as we explore the Asian Art Museum's collection, including the special exhibit [\*Out of Character: Decoding Chinese Calligraphy\*](#). *Out of Character* includes 40 calligraphies, three major abstract expressionist paintings plus a newly commissioned video installation by artist Xu Bing.

Museum admission is **free**. We will meet outside the museum gift shop at 10:30am and tour galleries until noon when we will break for lunch and conversation in the museum cafe.

For the [complete schedule](#).



**Hartford Street Zen Center –  
Issan-ji**

*Regular Schedule*

#### **Monday to Friday**

6:00 am Zazen  
(seated meditation)  
6:40 am Kinhin  
(walking meditation)  
6:50 am Zazen  
7:20 am Chanting  
7:40 am Soji  
(brief temple cleaning)

6:00 pm Zazen  
6:40 pm Chanting

#### **Saturday Morning**

6:30 am Zazen  
7:10 am Chanting  
7:25 am Soji  
8:30 am Drop-in instruction  
9:25 am Zazen  
10:15 am Dharma Talk  
11:00 am Refreshments  
+ discussion

Founded by [Rev. Issan Dorsey](#) and the Gay Buddhist Club in a Victorian house in the Castro district, Hartford Street Zen Center is the organization responsible for Issan-ji (One Mountain Temple), a neighborhood



*The Sūtra on the Lotus of the Sublime Dharma in small standard script, by Zhao Mengfu (1254–1322), handscroll, number 3 of a set of 7, ink on paper.*

## Study Hour

Thursdays at 7:30pm

\*\* cancelled December 6 for the retreat

We are currently reading *The Book of Serenity* -- a collection of koans compiled in China in the twelfth century -- recently translated into English by Thomas Cleary. There are books to share for anyone who wants to join in.

## Sangha Council

Saturday, Dec 1st @ 12:30 pm

## Sewing Buddha's Robe

Saturday, Nov 17 @ 11:30 am after Dharma Talk

## Issan Dorsey Founder's Memorial

Thursday, Dec 6 @ 6:40 pm

## Board of Directors' Meeting

Wednesday, December 12 @ 7:30 pm

## Zenshin Philip Whalen Memorial

Thursday, Dec 27 @ 6:40 pm

## Full Moon Ceremony

Saturday, Dec 29 @ 11:00 am after Dharma Talk

temple and residential practice center in the Soto Zen tradition of Shunryu Suzuki Roshi. The center was also the original site of the Maitri AIDS and current is home to a number of groups.

### HIV Meditation Group

*weekly meditation group for those living with HIV, their friends, families & community supporters*

**Fridays 7:30 – 9:00 pm**

### Meditation in Recovery (Women-only)

*monthly meditation group for women in recovery from addiction*

**First Thursdays**

**7:15 – 8:45 pm**

### Meditation in Recovery (Men & Women)

*weekly meditation group for men and women in recovery from addiction*

**Thursdays & Fridays**

10:30 – 11:00 am zazen

11:00 – 12:00 pm socialize

Hartford Street Zen Center  
57 Hartford Street  
San Francisco, CA 94114

DIRECTIONS: Located between 17<sup>th</sup> and 18<sup>th</sup> Streets / Castro and Noe Streets one block from the Castro MUNI Station, the 33 and 24 bus as well as the F line,

info@hszc.org  
415.863.2507

Rev. Myo Lahey  
Practice Leader

**Hartford Street Zen Center** is a federally recognized 501(c)3 religious organization EIN #:94-

2820630. Donations are tax-deductible.

T

---

[Click to view this email in a browser](#)

Please feel free to forward to your friends. If you no longer wish to receive these emails, please reply to this message with "Unsubscribe" in the subject line or simply click on this link: [Unsubscribe](#)

---